



Ladder & Stepladder Safety

Falls from ladders account for almost one third of workplace injuries. The Health & Safety Executive (HSE) states that the proper use of ladders can be a sensible and practical option for low-risk, short-duration tasks

Course Overview

This course is for both employers and employees on the simple and sensible precautions they should take to keep people safe when using ladders and stepladders in the workplace, helping them to assess and determine when it is appropriate to use ladders and stepladders, as well as to conduct a pre-use examination of ladders and stepladders in line with current legislation.

The HSE states that anyone at work who uses or specifies the use of ladders needs adequate training so that they understand their limitations and safe use.

Course Syllabus

This course covers the following subject matter:

- Legal requirements and guidance
- Work at Height Regulations
- Planning and organising, selecting and using STEP
- Assessing risks
- Pre-use inspection procedures
- Inspection documentation
- Ladder checks
- Theory and practical tests
- Safe use of ladders and stepladders (HSE INDG455)
- Carrying and positioning of ladders and stepladders
- Storage and handling of ladders and stepladders

Course type options:



Tailored



Open

Test Information

For further information contact us on 01782 346300



frequently asked questions...

The Course

Course Delivery	This course is available as a Tailored or Open course
Accreditation	The Ladder Association, upon request
Course Length	3-4 hours
Start / Finish Times	To suit
Maximum Group Size	12
Tailored to Specific Requirements	Yes - please provide at the booking stage. It may be possible to use your own equipment
Course Material	Handouts are provided on the day

Certification

Is there an Assessment?	Multiple-choice question examination and a practical assessment
Are certificates issued?	Yes
Valid for?	2 years (recommended)
When / how are they available?	Available to access from the NUK website upon completion

The Delegates

Prior Knowledge / Prerequisites	Must have good understanding of written and verbal English. Must be physically fit and in good health
Delegate to provide	Everything is provided on the day

The Venue

Course Location	At a venue of your choice or a Now u Know Training Centre
Venue Requirements	Please inform us of any mobility concerns
Non-NUK Venues	Must have adequate space, seating, lighting, welfare, 240v socket and an external area for practical demonstrations, where applicable
Refreshment at NUK Venues	Available on request

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