



IOSH Working Safely



Good health and safety doesn't just happen. This course provides a good grounding in the essentials of risk management

Course Overview

Working Safely is a one day course for staff from any sector with no supervisory or managerial responsibility. The course provides a grounding in the essentials of health and safety so that delegates gain an understanding of why they must work safely.

The course focuses on why health and safety is important and how people can make a difference to their own well being by changing their behaviour.

Course Syllabus

The course focuses on why health and safety is important, and how delegates can make a real difference to the safety culture of the organisation.

- Identifying hazards and evaluating risks within the workplace
- The use of appropriate work place precautions for specifics or seek advice on workplace precautions
- Assist managers in preparing risk assessments
- Co-operate and communicate on safety matters
- Improving health and safety matters
- Improving health and safety performance
- Carry out work activities without risk to themselves or others
- Reporting of relevant accidents and incidents
- Monitor their own activities and assist managers in active monitoring
- Protecting the environment

Course delivery options:



Tailored



Open

frequently asked questions...

The Course

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|-----------------------------------|--|
| Course Delivery | This course is available either as a Tailored or Open Course |
| Accreditation | IOSH |
| Course Length | 1 day |
| Start / Finish Times | To suit but generally 08.30-16.30 |
| Maximum Group Size | 20 |
| Tailored to Specific Requirements | IOSH Syllabus |
| Course Material | IOSH Course Material |

Certification

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|--------------------------------|---|
| Are certificates issued? | Yes – IOSH Accredited Certificate |
| Valid for? | No expiry |
| Is there an Assessment? | 10 multiple choice questions and a 3 hazard spotting exercise |
| When / how are they available? | Available for download 2-6 working weeks after the course |

The Delegates

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|---------------------------------|-----------------------------------|
| Prior Knowledge / Prerequisites | N/A |
| Needs to bring along | Everything is provided on the day |

The Venue

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|---------------------------|--|
| Course Location | At a venue of your choice or a NUK venue |
| Venue Requirements | Please inform us of any mobility concerns |
| Non-NUK Venues | Must have adequate space, lighting, seating, welfare and a 240v socket |
| Refreshment at NUK Venues | Tea, Coffee, Water and Biscuits are available |