



# Display Screen Equipment Assessor

## Course Overview

Under the Health and Safety (Display Screen Equipment) Regulations 1992, employers are required to ensure that users of computers (VDU) and other items of display screen equipment (DSE) are provided with adequate training on how to use these devices and set up their workstations correctly.

Our Display Screen Equipment Assessor Training Course provides delegates with an understanding of the legal framework and underpinning of ergonomic principles of DSE (Display Screen Equipment).

This course is ideal for anyone with line management responsibilities, those who have been appointed as DSE Assessors or those delivering inductions.

## Course Syllabus

- Raising awareness of hazards associated with display screen equipment (DSE)
- The legal, moral and financial reasons for the appropriate training of DSE users
- Highlighting potential DSE ill health effects such as work related upper limb disorders (WRULD)
- Eyesight and the importance of lighting conditions
- What's the best posture
- How to achieve good posture at the workstation
- How to adapt the workstation in order to optimise ergonomics
- Practical assessment
- Break requirements from DSE
- Mobile DSE risks and risk management
- How to undertake and record DSE assessments in the workplace
- The legal requirements relevant to their role as an assessor

### Course delivery options:



Tailored



Open



Online

# frequently asked questions...

## The Course

Course Delivery	This course is available either as a Tailored or Open Course
Accreditation	None
Course Length	1 day
Start / Finish Times	To suit
Maximum Group Size	6
Tailored to Specific Requirements	Yes - Please provide specific information at the booking stage
Course Material	Hand Outs are provided on the day

## Certification

Are certificates issued?	Yes
Valid for?	3 years
Is there an Assessment?	Theoretical and practical assessment
When / how are they available?	Available for download from the NUK website 2 working days after the course

## The Delegates

Prior Knowledge / Prerequisites	None
Needs to bring along	None

## The Venue

Course Location	At a venue of your choice or a NUK venue
Venue Requirements	Please inform us of any mobility concerns
Non-NUK Venues	Must have adequate space, lighting, seating, welfare and a 240v socket
Refreshment at NUK Venues	Tea, Coffee, Water and Biscuits are available