



Lone Working

Lone workers should not be put at more risk than other employees. It can often be safe to work alone however legislation requires employers to identify and control H&S risks.

Course Overview

Lone workers are often placed in positions of isolation, vulnerability and increased risks. It is not illegal to work alone however certain measures must be put in place in order to provide a safe working environment. Lone Working can occur either within a fixed base or working away from a fixed base either during or outside of normal working hours.

This course is suitable for any persons working alone such as those in the entertainment, retail, services, factories, social care, warehouses, security, representatives visiting domestic and commercial premises, etc. This training may be crucial in enabling people to cope in unexpected circumstances and with potential exposures to violence and aggression.

By the end of this presentation learners will be able to demonstrate their understanding of the control measures to be followed, as detailed in the safe working procedure, that are necessary to safeguard lone workers.

Course Syllabus

- Current Legislation and guidance applicable to Lone Working including INDG73 –Working Alone
- Health & Safety at Work Act 1974
- Management of Health & Safety at Work Regulations 1999
- Employer & Employee Responsibilities
- Identifying Lone Working
- Medical suitability for Lone Working
- Limitations of may and may not be done when working alone
- Supervision of Lone Workers
- Safe Working Arrangements
- Risk Assessment Process
- Emergency Procedures
- Tracing Systems
- Conflict Management
- Practical Exercise

Course delivery options:



Tailored



Open

frequently asked questions...

The Course

Course Delivery	This course is available either as a Tailored or Open Course
Accreditation	None
Course Length	4 hours (1/2 Day)
Start / Finish Times	To suit
Maximum Group Size	12
Tailored to Specific Requirements	Yes - Please provide specific information at the booking stage
Course Material	Hand Outs are provided on the day (except for Online Courses)

Certification

Are certificates issued?	Yes
Valid for?	3 years
Is there an Assessment?	Theory Exam and Assessment
When / how are they available?	Available for download 2 working weeks after the course

The Delegates

Prior Knowledge / Prerequisites	None
Needs to bring along	None

The Venue

Course Location	At a venue of your choice or a NUK venue
Venue Requirements	Please inform us of any mobility concerns
Non-NUK Venues	Must have adequate space, lighting, seating, welfare and a 240v socket
Refreshment at NUK Venues	Tea, Coffee, Water and Biscuits are available